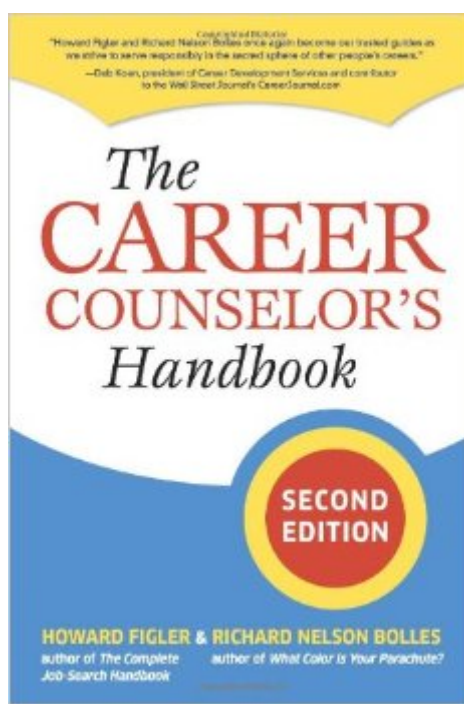


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# The Career Counselor's Handbook



## Synopsis

With more than sixty-five combined years of experience in the career development field, Howard Figler and Richard Nelson Bolles are the undisputed authorities when it comes to helping people find meaningful work. In this revised and updated second edition of their classic guide for career counselors, Figler and Bolles show aspiring counselors how to break into the business, and give experienced counselors ideas for improving effectiveness and recharging their practice. Outlining tools, problem-solving tips, and ethical values for today's career counselor, *THE CAREER COUNSELOR'S HANDBOOK* features new information about performing the Annual Career Checkup, choosing Essence over Ego, and using the Internet-while celebrating the fact that even career counselors need counsel once in a while.

## Book Information

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## Customer Reviews

This is an excellent book for the beginning career counselor and offers a lot of good advice and resources for more experienced professionals as well. It is well-written and it is obvious that Mr. Bolles is passionate about his topic. The thing I like best about this book is that it focuses on matching what people like to do to a career choice rather than simply matching people's skills or what they are good at to the needs of the market. This puts the client's best interests squarely at the center of the counseling process. It also drives home the point that deep right hemisphere introspection is a necessary prerequisite to making a fulfilling decision. This point is often underplayed or ignored in other books. Mr. Bolles also brings in the often controversial topic of how

career (or vocation) relates to spirituality and how one might address this with a particular client. Although this is not a standard practice, the reality is that for many people spiritual considerations are important. Handling this connection between the two is delicate, but is certainly an option with many clients and potentially an added value that will be appreciated by many. Whether you decide to enter this territory or not, this section is good food for thought and it isn't an opinion that dominates the rest of the book. While I like this book and think it offers good practical advice and contains some very good resources, it also has some shortcomings. For example, I think it underplays the value of psychological testing and has a tendency to oversimplify these kinds of big decisions. On the other hand, it emphasized peak experiences and mining them for clues to a client's values which also sheds light on deep psychological motivations.

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